

# Biron/West Head Start Center April 2026 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>All-day session children receive breakfast, lunch and snack.</p> <p style="color: red;">Milk is served with meals and snacks, occasionally juice is served at snack time instead of milk, to 1-5 year olds. Unflavored whole milk is served to 1 year olds, unflavored 1% or skim milk is served to 2-5 year olds. Water is available throughout the day.</p> <p style="text-align: center;">WG = whole grain      HM = homemade</p>		<p><b>1 HM</b> Egg &amp; Cheese Sandwich on Croissant, Banana</p> <p>Meatloaf, Mashed Potatoes, Gravy, <b>WG</b> Roll, Corn, Grapes</p> <p><b>WG</b> Tortilla Chips &amp; Cheese Sauce</p>	<p><b>2 WG</b> Mini Waffles, Fruit Salsa</p> <p><b>HM</b> Macaroni and Cheese, Ham Slices, <b>WG</b> Breadstick, <b>HM</b> Pea Salad, Orange Slices</p> <p>Rice Cakes, 100% Juice</p>	<p><b>3</b> <span style="color: red;">Center Closed</span></p> 
<p><b>6</b> <span style="color: red;">Center Closed</span></p> 	<p><b>7 WG</b> Frosted Mini Wheats, Blueberries</p> <p><b>WG</b> Chicken Patty, Hawaiian Roll, Cheese Slices, Pickles, Carrots &amp; Dip, Pineapple</p> <p><b>WG</b> Cheez-It</p>	<p><b>8 WG</b> French Toast Sticks, Peaches</p> <p><b>HM</b> Beef Stroganoff, Buttered Noodles, <b>WG</b> Roll, Green Beans, Apple Slices</p> <p>String Cheese &amp; Pretzels</p>	<p><b>9</b> Sausage, Hashbrown Patty, Strawberries</p> <p><b>HM</b> Chicken &amp; Cheese Quesadilla on <b>WG</b> Tortilla, Spanish Rice, Salsa, Sour Cream, Bell Pepper &amp; Dip, Pears</p> <p><b>WG</b> Sunchips</p>	<p><b>10 WG</b> Blueberry Bread, Applesauce</p> <p>Cheese Ravioli, Meat Sauce, Parmesan, Garlic Bread, California Blend Vegetable, Mandarin Oranges</p> <p><b>HM WG</b> Banana Oatmeal Bars, 100% Juice</p>
<p><b>13 WG</b> Muffin, Applesauce</p> <p><b>HM</b> Creamy Ham and Potato Soup, Crackers, Cheese Cubes, Cooked Carrots, Pears</p> <p><b>WG</b> Veggie Crackers</p> <p style="color: red; text-align: center;">I/T ONLY</p>	<p><b>14 WG</b> Life Cereal, Blueberries</p> <p><b>WG</b> Chicken Nuggets, Rice Pilaf, Peas, Peaches</p> <p>Animal Crackers</p>	<p><b>15</b> Scrambled Eggs, <b>WG</b> Toast, Banana</p> <p>BBQ Pulled Pork on a Bun, Cheese Slices, French Fries, Pickles, Grapes</p> <p>Yogurt, Strawberries, <b>WG</b> Granola</p>	<p><b>16 WG</b> Biscuits, <b>HM</b> Sausage Gravy, Jelly, Apple Slices</p> <p><b>HM</b> Beef Noodle Soup, Crackers, Cheese Cube, Broccoli &amp; Dip, Orange Slices</p> <p><b>WG</b> Graham Crackers</p>	<p><b>17 WG</b> Kix Cereal, Strawberries</p> <p>Turkey &amp; Cheese Slices, Hawaiian Roll, Tater Tots, Pickles, Tropical Fruit Salad</p> <p><b>WG</b> Goldfish Crackers, 100% Juice</p>
<p><b>20 WG</b> Pumpkin Bread, Applesauce</p> <p><b>HM</b> Bean &amp; Cheese Burrito on <b>WG</b> Tortilla, Spanish Rice, Salsa, Corn, Peaches</p> <p><b>WG</b> Graham Crackers</p> <p style="color: red; text-align: center;">I/T ONLY</p>	<p><b>21</b> Special K Cereal, Strawberries</p> <p><b>WG</b> Fish Nuggets, Naan Bread, Mixed Vegetables, Mandarin Oranges</p> <p><b>WG</b> Muffin</p>	<p><b>22 WG</b> French Toast Bread, Apple Slices</p> <p><b>HM</b> Chili with Beef, <b>WG</b> Frito Chips, Noodles, Cheese, Beans, Carrots &amp; Dip, Pineapple</p> <p>Ritz Crackers with Ham &amp; Cheese Slices</p>	<p><b>23 WG</b> Waffle Sticks, Blueberries</p> <p>Sweet &amp; Sour Meatballs, <b>WG</b> Brown Rice, Cooked Broccoli, Orange Slices</p> <p>Trail Mix w/ <b>WG</b> Goldfish Crackers</p>	<p><b>24 HM WG</b> Blueberry Muffin Bars, Peaches</p> <p><b>HM</b> Meat/Cheese Pizza on Thin Crust, Cottage Cheese, Lettuce Salad, Strawberries</p> <p><b>WG</b> Peanut/Seed Butter and Jelly Sandwich, 100% Juice</p>
<p><b>27 WG</b> Bagel, Cream Cheese, Strawberries</p> <p>Pork Loin Cubes with Gravy, Mashed Potatoes, <b>WG</b> Roll, Green Beans, Fruit Salad</p> <p><b>WG</b> Sunchips</p> <p style="color: red;">Preschool in Session</p>	<p><b>28 WG</b> Kix Cereal, Pears</p> <p><b>HM</b> Sloppy Joes on a Bun, Cheese Slices, Baked Beans, Pickles, Orange Slices</p> <p>Yogurt &amp; <b>WG</b> Granola</p>	<p><b>29 WG</b> Banana Bread, Applesauce</p> <p>Cheese Omelet, <b>WG</b> Toast, Potato Wedges, Grapes</p> <p>Rice Cakes</p>	<p><b>30 WG</b> Pancakes, Banana</p> <p><b>HM</b> Lentil Taco Meat, <b>WG</b> Tortilla Chips, Cheese, Lettuce, Salsa, Corn, Peaches</p> <p><b>WG</b> Chex Mix</p>	