

West Head Start Center March 2026 Menu

Spring Break - 16th-20th

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 WG Banana Bread, Applesauce</p> <p>Orange Chicken, WG Brown Rice, Green Beans, Peaches</p> <p>Rice Cakes</p> <p style="color: red;">Preschool in Session</p>	<p>3 WG Corn Chex Cereal, Strawberries</p> <p>Burgers on a Bun, Cheese Slices, Potato Smiles, Pickles, Mandarin Oranges</p> <p>WG Sunchips</p>	<p>4 Cheese Omelet, Orange Slices</p> <p>Nachos (WG Tortilla Chips, Pulled Pork, Cheese, Lettuce, Salsa, Sour Cream), Corn, Pineapple</p> <p>Trail Mix with WG Goldfish Crackers</p>	<p>5 WG Waffle Sticks, Pears</p> <p>Spaghetti with Meat Sauce, Garlic Bread, California Vegetables, Tropical Fruit</p> <p>WG Chex Mix, 100% Juice</p>	<p>6 WG Blueberry Snackbread, Applesauce</p> <p>WG Chicken Nuggets, Rice Pilaf, Peas, Peaches</p> <p>WG Animal Crackers</p> <p style="color: red; text-align: center;">I/T Only</p>
<p>9 Cream of Wheat, Raisins, Strawberries</p> <p>HM Chicken Rice Soup, Cheese Cube, Crackers, WG Roll, Mixed Veggies, Mandarin Oranges</p> <p>WG Muffin</p> <p style="color: red; text-align: center;">I/T Only</p>	<p>10 Rice Krispies Cereal, Blueberries</p> <p>HM Grilled Cheese on WG Bread, Tomato Soup, Ham Slices, Carrots & Dip, Pears</p> <p>WG Graham Cracker</p>	<p>11 WG Pumpkin Bread, Peaches</p> <p>Shredded Chicken, Gravy, Mashed Potatoes, WG Roll, Green Beans, Grapes</p> <p>Hard Boiled Eggs & Cheese Cube</p>	<p>12 Green Eggs, Ham, Cheese, WG Toast, Green Fruit Salad</p> <p>WG Fish Nuggets, Rice Pilaf, Peas, Orange Slices</p> <p>Yogurt, WG Granola</p>	<p>13 WG French Toast Sticks, Fruit Salsa</p> <p>HM Meat/Cheese Pizza on Thin Crust, Cottage Cheese, Lettuce Salad, Pineapple</p> <p>WG Cheez-It, 100% Juice</p>
<p>16</p>  <p style="color: red;">Center Closed Spring Break</p>	<p>17</p>  <p style="color: red;">Center Closed Spring Break</p>	<p>18</p>  <p style="color: red;">Center Closed Spring Break</p>	<p>19</p>  <p style="color: red;">Center Closed Spring Break</p>	<p>20</p>  <p style="color: red;">Center Closed Spring Break</p>
<p>23</p>  <p style="color: red;">Center Closed</p>	<p>24 WG Muffin, Pears</p> <p>Meatball, Gravy, Mashed Potatoes, WG Roll, Green Beans, Fruit Salad</p> <p>WG Graham Crackers</p>	<p>25 WG Pancake, Banana</p> <p>Alfredo Pasta, Chicken, WG Breadstick, Italian Vegetables, Orange Slices</p> <p>WG Peanut/Seed Butter & Jelly Sandwich</p>	<p>26 Cinnamon Toast, Mixed Berries</p> <p>Lentil Taco Meat, WG Tortilla Chips, Cheese, Lettuce, Salsa, Corn, Peaches</p> <p>WG Sunchips</p>	<p>27 WG French Toast Bread, Applesauce</p> <p>HM Cheesy Flatbread with Sauce, Cottage Cheese, Carrot & Dip, Fresh Strawberries</p> <p>WG Chex Mix, 100% Juice</p>
<p>30 WG Bagel, Cream Cheese, Kiwi</p> <p>BBQ Beef on Bun, Cheese Slices, Sweet Potato Fries, Cucumber & Dip, Apple Slices</p> <p>WG HM Lemon Blueberry Muffin Bars</p> <p style="color: red;">Preschool in Session</p>	<p>31 WG Cheerios, Strawberries</p> <p>Chicken Strips, Rice Pilaf, Baked Beans, Peaches</p> <p>WG Animal Crackers</p>	<p>All-day session children receive breakfast, lunch and snack.</p> <p style="color: red;">Milk is served with meals and snacks, occasionally juice is served at snack time instead of milk, to 1-5 year olds. Unflavored whole milk is served to 1 year olds, unflavored 1% or skim milk is served to 2-5 year olds. Water is available throughout the day.</p> <p>WG = whole grain HM = homemade</p>		