

Biron/West Head Start Centers February 2026 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2  Center Closed	3 WG Muffin, Applesauce HM Hot Turkey & Cheese Rollup on WG Tortilla, Cheese Cube, French Fries, Pears Rice Cakes	4 WG Toast, Scrambled Eggs, Jelly, Banana Meatloaf, WG Brown Rice, Cooked Broccoli, Orange Slices Ritz Crackers & Cheese Slices	5 WG French Toast Sticks, Peaches HM Chili with Beef, WG Frito Chips, Noodles, Shredded Cheese, Sour Cream, Beans, Carrots & Dip, Apple Slices Yogurt, Blueberries, WG Granola	6 WG Kix Cereal, Strawberries HM Baked Chicken Parmesan, String Cheese, Garlic Bread, Lettuce Salad, Pineapple WG Peanut/Seed Butter & Jelly Sandwich, 100% Juice
9 WG Oatmeal, Raisins, Diced Apples HM Sloppy Joes on Bun, Cheese Slices, Pickles, Scalloped Potatoes, Pears WG Pumpkin Bread I/T Only	10 WG Life Cereal, Blueberries Shredded Pork, Gravy, Mashed Potatoes, WG Roll, California Medley Vegetables, Orange Wedges WG Cheez-It	11 WG Mini Waffles, Banana HM Chicken Dumpling Soup, Crackers, Cheese Cube, Green Beans, Apple Slices WG Graham Crackers	12 HM Egg & Cheese Sandwich on Croissant, Peaches WG Fish Nuggets, Rice Pilaf, Mixed Vegetables, Pineapple WG Tortilla Chips & Cheese Sauce	13 HM WG Strawberry Muffin Bars, Applesauce HM Meat/Cheese Pizza on Thin Crust, Cottage Cheese, Cooked Carrots, Pears Valentine Trail Mix with WG Goldfish Crackers, 100% Juice
16 Cinnamon Toast, Sausage, Peaches HM Mac & Cheese, Ham Slices, WG Breadstick, Peas, Tropical Fruit HM WG Banana Bread Preschool/4K in Session	17 WG Frosted Mini Wheats, Strawberries BBQ Shredded Beef, Naan Bread, Cheese Slices, Carrots & Dip, Apple Slices Yogurt, Pineapple, WG Granola	18 WG Bagel, Cream Cheese, Jelly, Banana General Tso Chicken, WG Brown Rice, Broccoli & Dip, Orange Slices Cheese Cube & Pretzels	19 WG French Toast Snackbread, Pears Lasagna Rollup with Meat Sauce, WG Cheesy Breadstick, Green Beans, Fruit Salad WG Sun Chips, 100% Juice	20 WG Cheerios, Blueberries HM Chicken Pot Pie with WG Biscuits, Cheese Slices, Cooked Broccoli, Mandarin Oranges WG Blueberry Snackbread I/T Only
23 WG Muffin, Applesauce HM Broccoli Cheese Soup, Diced Ham, Crackers, WG Breadstick, Cooked Carrots, Peaches WG Veggie Crackers I/T Only	24 WG Toasted Oats Cereal, Strawberries Swedish Meatball with Gravy, Buttered Noodles, WG Roll, Mixed Vegetables, Pears Pretzels & String Cheese	25 Scrambled Eggs, WG Toast, Apple Slices Chicken Fajita Strips, Spanish Rice, Cheese, Salsa, Sour Cream, Lettuce, Corn, Tropical Fruit Salad WG Animal Crackers	26 WG Pancakes, Banana Turkey Slices, Hawaiian Roll, Cheese Slices, Tater Tots, Pickles, Mandarin Oranges WG Graham Snacks with Peanut/Seed Butter	27 HM WG Apple Cinnamon Muffin Bars, Blueberries HM Cheesy Flatbread with Sauce, Cottage Cheese, Cucumber & Dip, Pineapple WG Goldfish Crackers, 100% Juice
		<p>All-day session children receive breakfast, lunch and snack.</p> <p>Milk is served with meals and snacks, occasionally juice is served at snack time instead of milk, to 1-5 year olds. Unflavored whole milk is served to 1 year olds, unflavored 1% or skim milk is served to 2-5 year olds. Water is available throughout the day.</p> <p>WG = whole grain WGR = whole grain rich HM = homemade</p>		