

November 2025 Head Start Menu - Marshfield Center

Monday

Tuesday

Wednesday

Thursday

Friday

All-day session children receive breakfast, lunch and snack.

Milk is served with meals and snacks, occasionally juice is served at snack time instead of milk, to 1-5 year olds. Unflavored whole milk is served to 1 year olds, unflavored 1% or skim milk is served to 2-5 year olds. Water is available throughout the day.

WG = whole grain WGR = whole grain rich HM = homemade



3 WG Cherrios, Applesauce Taco Meat, WG Shells, Cheese, Salsa, Sour Cream, Lettuce, Pears Rice Cakes Y Kids Only	4 Special K Cereal, Strawberries Chicken Noodle Soup, WG Cheese Filled Breadsticks, Cooked Carrots, Peaches WG Goldfish Crackers	5 WG Waffles, Blueberries Meatloaf, Mashed Potatoes, WG Roll, Broccoli, Fruit Cocktail WG Muffins	6 WG Bagels with Cream Cheese, Jam, Banana WG Chicken Nuggets, Potato Smiles, WG Breadstick, Peas, Apple Slices WG Tortilla Chips, Salsa	7 Scrambled Eggs with Cheese, WG Toast, Pineapple BBQ on a WG Bun, Cheese Slices, Roasted Butternut Squash, Mango WG Animal Crackers, 100% Juice
10 Cinnamon Toast, Fruit Salsa Creamy Ham and Potato Soup, Saltine/Oyster Crackers, Cheese Cubes, Peas, Apple Sauce WG Graham Crackers, Peanut Butter IT Only	11 WG Frosted Mini Wheats, Pears Chicken Patty on WG Bun, Cheese Slices, Corn, Pineapple Hard Boiled Egg, String Cheese	12 Corn Flakes, Blueberries Beef Roast & Gravy, Buttered Noodles, WG Roll, Cooked Carrots, Fruit Cocktail WG Trail Mix, 100% Juice	13 Cheese Omelet, WG Toast, Orange Slices Burger with WG Bun, Cheese Slices, French Fries, Mixed Veggies, Peaches WG Goldfish Crackers, Pretzels	14 WG Cheerios Cereal, Tropical Fruit Cheesy Flatbread, Lettuce Salad with Tomatoes & Cucumbers, Cottage Cheese, Strawberries WG Graham Snacks
17 WG Toast with Peanut Butter, Fruit Cocktail Chicken Alfredo Pasta, WG Roll, Broccoli, Peaches Yogurt, Mixed Berries IT Only	18 WG Life Cereal, Strawberries Shredded Ranch Chicken, Cheese Slices, Hawaiian Roll, Cooked Peas, Pears WG Sunchips, 100% Juice	19 WG Pancakes, Apples Chili, Noodles, Shredded Cheese, Sour Cream, WG Breadsticks, Cucs and Dip, Grapes WG Goldfish Crackers, String Cheese	20 WG Muffin, Sliced Bananas Stuffed Shells, Meat Sauce, Green Beans, Garlic Bread, Mandarin Oranges WG Banana Bread	21 WG Waffle Sticks, Tropical Fruit Salad Scalloped Potatoes & Ham, WG Roll, California Blend, Pineapple WG Veggie Crackers, Cheese Cubes
24 WG Blueberry Bread, Strawberries Macaroni and Cheese, Diced Ham, WG Roll, Italian Veggies, Pineapple Cottage Cheese, Peaches Preschool In Session	25 Yogurt, Blueberries, WG Granola WG Popcorn Chicken, Potato Smiles, Green Beans, Pears WG Pumpkin Bread	26 Kix Cereal, Mango WG Fish Nuggets, Tater Tots, Broccoli, Fruit Cocktail Animal Crackers Y Kids Only	27 Center Closed 	28 Cinnamon Toast, Peaches Ham and Cheese Slices, WG Bun, Potato Salad, Tropical Fruit WG Chex Mix Y Kids Only