



September 2025 Head Start Menu - Biron/West

Monday	Tuesday	Wednesday	Thursday	Friday
1  Center Closed	2 WG Kix Cereal, Strawberries WG Chicken Nugget, Buttered Noodles, Corn, Peaches WG Scooby Graham Snacks	3 WG Waffle Sticks, Banana Meat Sauce, Spaghetti Noodles, Garlic Toast, Green Beans, Watermelon Yogurt, Blueberries, WG Granola	4 Scrambled Eggs, WG Toast, Orange Slices Nachos (HM Cheese Sauce, Lentil Taco Meat, WG Tortilla Chips, Corn, Lettuce, Salsa), Apple Slices WG Graham Cracker, Peanut/Seed Butter	5 WG French Toast Bread, Applesauce HM Meat/Cheese Pizza on WG English Muffin, Cottage Cheese, Cucumber & Dip, Mandarin Oranges Rice Cakes, 100% Juice
8  Center Closed	9 WG Pancake, Peaches Hamburger on Bun, Cheese Slices, Pickles, Tater Tots, Pineapple WG Banana Bread	10 WG Life Cereal, Banana HM Chicken Noodle Soup, Crackers, Cheese Cube, Cheesy Cauliflower, Grapes WG Animal Crackers	11 Cinnamon Toast, Applesauce WG French Toast Sticks, Sausage, Glazed Carrots, Clementines WG Peanut/Seed Butter & Jelly Sandwich	12 HM WG Banana Muffin, Mixed Berries Shredded Chicken in Gravy, WG Brown Rice, Mashed Butternut Squash, Broccoli & Dip, Fruit Salad WG Sun Chips, 100% Juice Slush Cup
15 WG Oatmeal, Raisins, Peaches Chicken Strips, Rice Pilaf, Green Beans, Tropical Fruit WG Blueberry Bread I/T Only	16 WG Frosted Mini Wheat Cereal, Strawberries BBQ Pulled Pork, Cheese Cube, Mini Naan, Pickles, Potato Smiles, Pears Trail Mix with WG Goldfish Crackers	17 WG Pumpkin Bread, Applesauce Meatloaf, WG Roll, Mashed Potatoes, Gravy, Peas, Apple Slices String Cheese & Hard Boiled Egg	18 Cheese Omelet, Banana Turkey & Cheese Rollup with WG Tortilla, Baked Beans, Carrots & Dip, Grapes WG Tortilla Chips & Salsa	19 WG Cheerios, Blueberries Cheesy Flatbread with Sauce, Cottage Cheese, Lettuce Salad, Strawberries WG Chex Mix, 100% Juice
22 Scrambled Eggs, WG Toast, Orange Slices Chicken Alfredo, Buttered Noodles, Broccoli, Apple Slices WG Veggie Crackers I/T Only	23 Rice Krispies, Strawberries Orange Chicken, WG Fried Rice, Mixed Vegetables, Mandarin Oranges WG Graham Snacks	24 Sausage, Hashbrown Patties, Banana Cheese Ravioli, Meat Sauce, WG Breadstick, California Veggies, Pears WG Cheez-It	25 HM WG Apple Cinnamon Muffin Bars, Peaches WG Fish Sticks, Rice Pilaf, Green Beans, Applesauce Saltine Crackers & Cheese Slices	26 WG Mini Waffles, Mixed Berries HM Grilled Cheese on WG Bread, Ham Slices, Tomato Soup, Crackers, Peas & Dip, Fruit Salad Apple Slices & Peanut/Seed Butter, 100% Juice
29 WG Bagel, Cream Cheese, Strawberries Chicken Fajita Strips w/ Bell Pepper, WG Tortilla, Cheese, Sour Cream, Black Beans, Salsa, Lettuce, Mango WG Sunchips Preschool in Session	30 WG Corn Chex Cereal, Peaches Popcorn Chicken, Gravy, Mashed Potatoes, WG Roll, Corn, Tropical Fruit Pretzel & WG Goldfish Crackers	All-day session children receive breakfast, lunch and snack. Milk is served with meals and snacks, occasionally juice is served at snack time instead of milk, to 1-5 year olds. Unflavored whole milk is served to 1 year olds, unflavored 1% milk is served to 2-5 year olds. Water is available throughout the day. WG = whole grain HM = homemade ** Infants and Toddlers (I/T) will be fed "on demand" according to their own feeding patterns and what is developmentally right for each child. Infants that are developmentally ready are provided with infant cereal by itself or w/fruit &/or vegetables as well as some of the menu items. Peanut Butter is NOT fed to infants under 1 year according to Wisconsin State Licensing.		