

July 2025 Marshfield Head Start Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Unflavored milk is served with meals & snacks. Juice is served occasionally, at snack time to 1-5 year olds. Whole milk is served to 1 year olds, & 1% or skim milk is served to 2-5 year olds. Water is available all day.</p>	<p>1 WG Cheerios, Blueberries</p> <p>Grilled Chicken, WG Bun, California Blend Vegetable, Pears</p> <p>WG Sunchips</p>	<p>2 WG Banana Bread, Mandarin Oranges</p> <p>Turkey & Cheese on WG Bun, Sweet Potato Fries, Fruit Cocktail</p> <p>WG Graham Crackers, Apple Slices</p>	<p>3 WG Life Cereal, Bananas</p> <p>Chicken Tenders, Tater Tots, Green Beans, Peaches</p> <p>String Cheese, WG Goldfish Crackers</p>	<p>4 Center Closed- 4th of July</p> 
<p>7 WG Muffins, Applesauce</p> <p>Burgers on WG Bun, Cheese Slices, Baked Beans, Potato Smiles, Pineapple</p> <p>Cheese Cubes, WG Crackers Y Kids Only</p>	<p>8 WG Bagel, Cream Cheese, Tropical Fruit</p> <p>Tuna or Chicken Salad with WG Bread, String Cheese, Roasted Broccoli, Pears</p> <p>WG Scooby Graham Snacks</p>	<p>9 WG Pancakes, Fresh Blueberries</p> <p>Chicken Nuggets, Buttered Noodles, WG Roll, Peas, Melon</p> <p>Pretzels</p>	<p>10 Scrambled Eggs, Hash Browns, Bananas</p> <p>Taco Meat, WG Softshell, Cheese, Black Beans, Salsa, Lettuce, Corn, Kiwi</p> <p>Salsa, WG Tortilla Chips</p>	<p>11 WG French Toast Sticks, Apple Slices</p> <p>Chicken Alfredo, WG Breadstick, Mixed Veggies, Grapes</p> <p>WG Chex Mix, 100% Juice Slush Cups</p>
<p>14 WG Frosted Mini Wheats Cereal, Strawberries</p> <p>Meatballs, Gravy, Mashed Potatoes, Peas, WG Roll, Peaches</p> <p>Trail Mix w WG Goldfish</p>	<p>15 Rice Krispies Cereal, Mandarin Oranges</p> <p>Pasta Salad with Ham, Roasted Carrots, WG Breadstick, Tropical Fruit</p> <p>Yogurt, WG Granola</p>	<p>16 Breakfast Pizza (Crust, Egg, Cheese & Sausage), Applesauce</p> <p>Turkey Rollup with WG Tortillas, Cheese Slices, Tater Tots, Cucumbers & Dip, Grapes</p> <p>100% Juice Slush Cup, WG Graham Snacks</p>	<p>17 WG Waffles, Bananas</p> <p>HM Chicken & Cheese WG Quesadilla, Cottage Cheese, Bell Pepper Strips, Pears</p> <p>Apples and Peanut Butter</p>	<p>18 Scrambled Eggs WG Toast, Jelly, Orange Wedges</p> <p>Ham & Cheese on Hawaiian Roll, Green Beans, Melon</p> <p>WG Muffin</p>
<p>21 WG Cheerios, Pears</p> <p>Grilled Chicken Sandwich on WG Bun, Cheese Slices, Baked Beans, Mandarin Oranges</p> <p>100% Juice Slush Cups, WG Sunchips</p>	<p>22 WG French Toast Bread, Applesauce</p> <p>WG Fish Sticks, Potato Salad, WG Roll, Tropical Fruit Salad</p> <p>Rice Cakes</p>	<p>23 WG Kix Cereal, Fruit Salsa</p> <p>HM Meat & Cheese Pizza on WG English Muffin, Cottage Cheese, Lettuce Salad, Fruit Cocktail</p> <p>Yogurt, Fresh Berries</p>	<p>24 WG Pancakes, Bananas</p> <p>Chicken Strips, Rice Pilaf, Green Beans, Watermelon</p> <p>WG Animal Crackers</p>	<p>25 Cheese Omelet, Strawberries</p> <p>HM Chicken Fajitas (Chicken Strips, WG Softshells, Cheese, Salsa, Lettuce), Corn, Grapes</p> <p>String Cheese, WG Goldfish Crackers</p>
<p>28 Cinnamon Toast, Applesauce</p> <p>HM Macaroni & Cheese, Diced Ham, WG Breadstick, Peas, Pears</p> <p>WG Pumpkin Bread</p>	<p>29 WG Life Cereal, Peaches</p> <p>BBQ on a WG Bun, Cheese Cubes, French Fries, Fruit Cocktail</p> <p>WG Animal Crackers</p>	<p>30 WG Blueberry Bread, Clementines</p> <p>Shredded Chicken, Gravy, Mashed Potatoes, WG Roll, Green Beans, Watermelon</p> <p>Yogurt w/ WG Granola and Berries</p>	<p>31 Scrambled Eggs, Cheese, WG Toast, Banana</p> <p>WG Chicken Strips, Mini Naan, Cooked Carrots, Fresh Strawberries</p> <p>Cheese Cubes, WG Crackers</p>	<p>All-day sessions include breakfast, lunch & snack.</p> <p>WG = whole grain HM = homemade</p>

** Infants and Toddlers (I/T) will be fed "on demand" according to their own feeding patterns and what is developmentally right for each child. Infants that are developmentally ready are provided with infant cereal by itself or w/fruit &/or vegetables as well as some of the menu items. Peanut Butter is NOT fed to infants under 1 year according to Wisconsin State Licensing.