

June 2025 Head Start Menu - Biron/West Center

Monday	Tuesday	Wednesday	Thursday	Friday
2 WG Banana Bread, Applesauce Spaghetti Noodles, Meat Sauce, Garlic Bread, California Vegetables, Peaches WG Cheez-It Preschool Only	3 WG Cheerios, Strawberries Baked Chicken Breast with Gravy, HM Cornbread, Mashed Potatoes, Peas, Fruit Salad WG Animal Cracker	4 WG Mini Waffles, Blueberries HM Nacho, Lentil Taco Meat, WG Tortilla Chips, Salsa, Lettuce, Corn, Sour Cream, Apple Slices String Cheese & Pretzels	5 Sausage, Hash Brown Patties, Banana Orange Chicken, WG Brown Rice, Broccoli, Mandarin Oranges WG Goldfish Cracker, 100% Juice Slush Cups	6 WG French Toast Bread, Applesauce Burger with Bun, Cheese Slices, Carrots & Dip, WG Sun Chips, Pickles, Watermelon Slices WG Graham Cracker Last Day Preschool
9 WG Frosted Mini Wheat Cereal, Strawberries Turkey Slices, Cheese Slices, Hawaiian Roll, French Fries, Pickles Pineapple WG Tortilla Chips & Salsa	10 WG Muffin, Applesauce Beef Stroganoff, Buttered Noodles, WG Roll, Green Beans, Orange Slices Rice Cakes	11 Scrambled Eggs, Cheese, Banana WG Chicken Nuggets, Rice Pilaf, Peas, Pears WG Veggie Crackers	12 WG French Toast Sticks, Fruit Salsa Chicken Fajita Strips, WG Tortilla, Cheese, Salsa, Lettuce, Sour Cream, Corn, Clementines Cottage Cheese & Peaches	13 Cinnamon Toast, Peaches WG English Muffin Meat/Cheese Pizza, Cottage Cheese, Cooked Carrots, Pineapple WG Peanut/Seed Butter & Jelly Sandwich, 100% Juice
16 WG Oatmeal, Diced Pears, Raisins WG Fish Sticks, Rice Pilaf, Green Beans, Apple Slices WG Soft Pretzel & Cheese	17 Yogurt, WG Granola, Strawberries HM Sloppy Joes on Bun, Cheese Slices, Tater Tots, Pineapple Trail Mix WG Goldfish Crackers	18 Cheese Omelet, Banana HM Grilled Cheese on WG Bread, Tomato Soup, Crackers, Ham Slices, Broccoli, Peaches WG Chex Mix	19 Special K Cereal, Strawberries Cheese Ravioli with Meat Sauce, WG Breadstick, Mixed Vegetables, Grapes WG Banana Bread	20 HM WG Muffin Bars, Applesauce Sweet & Sour Meatballs, WG Brown Rice, Green Beans, Orange Slices WG Sun Chips, 100% Juice Slush Cups
23 WG Kix Cereal, Strawberries Chicken Tender, Rice Pilaf, Green Beans, Mandarin Oranges WG Tortilla Chips & Salsa	24 WG Blueberry Bread, Applesauce Meatloaf with Gravy, Mashed Potatoes, WG Roll, Peas, Peaches Cheese Slices & Saltine Crackers	25 WG Toast with Peanut/Seed Butter, Jelly, Banana HM Mac & Cheese, Buttered Noodles, Diced Ham, Cooked Carrots, Grapes WG Muffin	26 Scrambled Eggs, Cheese, Apple Slices Beef & Bean Enchilada on WG Tortilla, Spanish Rice, Salsa, Sour Cream, Corn, Pears WG Graham Cracker	27 WG Waffle Sticks, Fruit Salsa Ham Slices, Cheese Slices, Hawaiian Roll, Cheesy Tater Tots, Tropical Fruit Salad WG Goldfish Crackers, 100% Juice
30 WG Pumpkin Bread, Applesauce BBQ Beef on Bun, Cheese Slices, Sweet Potato Fries, Pears Yogurt, WG Granola, Blueberries	All-day session children receive breakfast, lunch and snack. Milk is served with meals and snacks, occasionally juice is served at snack time instead of milk, to 1-5 year olds. Unflavored whole milk is served to 1 year olds, unflavored 1% or skim milk is served to 2-5 year olds. Water is available throughout the day. WG = whole grain WGR = whole grain rich HM = homemade			

** Infants and Toddlers (I/T) will be fed "on demand" according to their own feeding patterns and what is developmentally right for each child. Infants that are developmentally ready are provided with infant cereal by itself or w/fruit &/or vegetables as well as some of the menu items. Peanut Butter is NOT fed to infants under 1 year according to Wisconsin State Licensing.