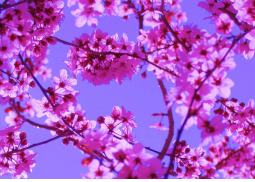







West Head Start Center March 2025 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 WG Banana Muffin Bars, Applesauce</p> <p>HM Mac & Cheese, Buttered Noodles, Sliced Ham, Peas, Mandarin Oranges</p> <p>WG Graham Snacks</p> <p style="color: red;">Preschool in Session No I/T</p>	<p>4 Yogurt, Strawberries, WG Granola</p> <p>Turkey Slices, Cheesy Scalloped Potatoes, WGR Breadstick, Mixed Vegetables, Pears</p> <p>WG Rice Cakes</p>	<p>5 Turkey Sausage, Hashbrown Patties, Orange Slices</p> <p>HM Beef Noodle Soup, Crackers, Cheese Cubes, WG Roll, Roasted Cauliflower, Apple Slices</p> <p>WG Cheez-It</p>	<p>6 WG Life Cereal, Banana</p> <p>Chicken Nuggets, Rice Pilaf, Cheesy Tater Tots, Carrots & Dip, Peaches</p> <p>WG Pumpkin Bread, 100% Juice</p>	<p>7 WG HM Muffin, Applesauce</p> <p>HM Chili with Beef Buttered Noodles, Cornbread, Shredded Cheese, Sour Cream, Corn, Pineapple</p> <p>WG Goldfish Crackers</p> <p style="color: red;">I/T ONLY</p>
<p>10 WG Toast, Peanut Butter, Jelly, Banana</p> <p>HM Chicken Quesadilla on WG Tortilla, Sour Cream, Salsa, Black Beans, Tropical Fruit</p> <p>Cottage Cheese & Peaches</p> <p style="color: red;">I/T ONLY</p>	<p>11 WGR Mini Waffles, Fruit Salsa</p> <p>BBQ Beef Lentil on a Bun, Cheese Slices, Green Beans, Pears</p> <p>WG Tortilla Chips & Salsa</p>	<p>12 Green Eggs & Ham, WG Pancakes, Strawberries</p> <p>Sweet and Sour Meatballs, WG Brown Rice, Stir Fry Veggies, Mandarin Oranges</p> <p>WG Veggie Crackers</p>	<p>13 Rice Krispies Cereal, Blueberries</p> <p>Chicken Fajita with WG Tortilla, Cheese, Sour Cream, Salsa, Lettuce, Corn, Fruit Salad</p> <p>HM WG Pineapple Bread</p>	<p>14 WG Blueberry Snack Bread, Orange Slices</p> <p>HM Cheesy Flatbread with Sauce, Cottage Cheese, Cucumbers & Dip, Pineapple</p> <p>Trail Mix with WG Goldfish Crackers, 100% Juice</p>
<p>17 WG Corn Chex Cereal, Strawberries</p> <p>Turkey Rollup on WG Tortilla, Cheese Slices, Tater Tots, Green Beans, Kiwi</p> <p>WG Banana Bread</p> <p style="color: red;">I/T ONLY</p>	<p>18 WGR French Toast Sticks, Mixed Berries</p> <p>WG Spaghetti & Meat Sauce, Garlic Bread, California Vegetable, Grapes</p> <p>Cheese Cubes & Apple Slices</p>	<p>19 Cheese Omelet, WG Toast, Banana</p> <p>Tomato Soup, HM Grilled Cheese on WG Bread, Ham Slices, Broccoli and Dip, Oranges</p> <p>WG Peanut Butter & Jelly Sandwiches</p>	<p>20 WG Kix Cereal, Blueberries</p> <p>Pork Roast, Mashed Cauliflower/Potatoes, Gravy, WG Roll, Peas, Applesauce</p> <p>WG Sun Chips</p>	<p>21 WG Apple Cinnamon Muffin Bars, Applesauce</p> <p>HM WG English Muffin Meat/Cheese Pizza, Cottage Cheese, Lettuce Salad, Strawberries</p> <p>WG Animal Crackers, 100% Juice</p>
<p>24</p>  <p style="color: red;">Center Closed</p>	<p>25</p>  <p style="color: red;">Center Closed</p>	<p>26</p>  <p style="color: red;">Center Closed</p>	<p>27</p>  <p style="color: red;">Center Closed</p>	<p>28</p>  <p style="color: red;">Center Closed</p>
<p>31 WG Oatmeal, Raisins, Pears</p> <p>Chicken Nuggets, Rice Pilaf, Peas, Peaches</p> <p>WG Crackers</p> <p style="color: red;">I/T ONLY</p>		<div style="display: flex; justify-content: space-between;"> ☘ ☘ </div> <h2 style="margin: 0;">March 24-28 Spring Break</h2> <p style="margin: 0;">All-day session children receive breakfast, lunch and snack.</p> <p style="margin: 0; color: red;">Milk is served with meals and snacks, occasionally juice is served at snack time instead of milk, to 1-5 year olds. Unflavored whole milk is served to 1 year olds, unflavored 1% or skim milk is served to 2-5 year olds. Water is available throughout the day.</p> <p style="margin: 0;">WG = whole grain WGR = whole grain rich HM = homemade</p>		