
Wood County Head Start March 2025 Newsletter

March Events

***Daylight Savings Time** begins on **Sunday, March 9th**. Please remember to **turn your clocks AHEAD** by one hour before you go to bed Saturday night or first thing Sunday morning.

*There will be **NO** school for Head Start (Infant/Toddler, Preschool & 4K) **Spring Break** is **March 17th-March 21st**. Infant and Toddler Classrooms will resume **March 24th**
Preschool Classes will resume **March 25th**.



Classroom News for March

Important Classroom Reminders:

*Please remember to return your child's application for next year if they will be returning and you haven't done so already!

*Please be aware of our attendance policy (see page 2) Children need to be here as much as possible to get the most from our program.

*PLEASE call Head Start if your child will not be coming into school or coming in late. We have to call if a child is absent and we have not heard from a parent, it is much easier to just call us to begin with, thank you!

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Important Head Start Reminders

In-kind

In-kind, or parent involvement, is very important to our program. As a condition of our grant we are required to meet 25% of our grant back in in-kind hours. **Please remember to return the pink weekly sheets and monthly family sheets so that we can count this as in-kind.** You can also participate with in class activities with your children. You will just need to sign a separate in-kind income sheet before leaving after you complete your in class time. This includes eating breakfast, lunch, or snack. Art projects and even outside time. Speak with your child's teacher to set up a time to get involved in the classroom.

Attendance Policy

Head Start requires that children keep an 85% average monthly attendance. Daily attendance is important so that a child can benefit the most from school and a child may be dropped from our program if this policy cannot be followed.

We also ask that parents call or send a ClassDojo message if a child will be out of school. If a child is out and we have not heard from a parent we will be calling to check on the child.

Physicals and Dentals

Thank you to all the parents that worked so hard to get those physical and dental forms in! Please remember that if your child will be attending Head Start again next year he/she will need updated forms, so if he/she goes in before then ask for a new form to have filled out.



Transportation News

School Closing Information:

*Head Start will follow the Marshfield Public Schools when closing for bad weather, so if **Marshfield is canceled then so are we.** We will NO longer be adding it to the tv stations or the radio under "Wood County Head Start-Marshfield" so please only look for "Marshfield Public Schools."

*If Marshfield is closed for the day you will NOT receive a phone call, it will be your responsibility to watch or listen for the cancelation.



Conscious Corner

Tantrums~

Giving into children when they are having tantrums guarantee you will get more demanding behaviors in the future. Your response to their upset teaches them how to behave in order to get what they want, and also how to treat other upset people.

Stopping a tantrum once it is set in action is impossible. Instead, our role as parents is to help our children move through their tantrums.

1) Discipline yourself first and your child second. Take several deep breaths before you begin to speak. Make your insides as calm as you would like the child's to become. Then say to the child, "You are safe, you can handle this. Breathe with me."

2) Use empathy and reflection to help the child become aware of him or herself. Help establish body awareness by stating what you see: "Your arms are going like this (demonstrate) you face looks like this (demonstrate)." Then build emotional awareness by naming the feeling you believe the child is experiencing, "Your body is telling me you might be feeling

frustrated. You wanted to buy something at the store." More than likely, your child will be able to organize enough to say what she wanted, "I want a cookie!" At this point, validate the child's desire and feelings, "You wish you could have a cookie. It is hard to not get what you want."

3) Shift the focus to what you want the child to do and offer two positive choices to help her successfully meet your expectations. You might say, "You have a choice. You can have a snack in your car seat or have a snack when we get home. Which would you choose?"

Policy Council

Policy Council is the parent board of directors. Each center has representatives to approve all policy changes, as well as be aware of classroom and center operations.

Please feel free to go to a representative with any questions or concerns with the program.

Our 2024-25 PC reps are:

Adam and Nicole Nelson

Emily Edmundson

Lacey Mitchell

Kortney Meharg



How to Reach Us

Family Service Workers

Tyler: 715-384-3552

tkempf@woodcoheadstart.org

Classrooms

Infant room: 715-996-1788

Toddler room: 715-996-1792

Preschool and 4K: main: 715-387-3223

Cassie's 4K: 715-996-1787

Kristina: 715-996-1785

Amber: 715-996-1789

Transportation: 715-384-4698

Bus Cell Phone: 715-459-5346

Central Office in Wisconsin Rapids:

1-866-421-2066 (toll free)

Or 715-421-2066

Community Resources

United Way's First Call: 211

Free and confidential information available 24 hours a day, everyday. Also available online: www.uwfirstcall.org

North Central Community Action: 715-387-2626

General assistance in counseling, housing, and employment

WIC: 715-387-8646

Job Center: 715-387-6386

Resume and cover letter writing, interviewing skills, Job Club and YES program

Personal Development Center: 715-384-2971

General assistance, including help with domestic abuse

MSTC: 715-389-7056

Economic Support: 715-387-6374

Housing, food, Badgercare, and childcare assistance

MCHS-Community Connections Team: 715-858-4443

www.communityconnectionsteam.org

Connecting resources in your community to meet needs including baby needs, caregiver support, childcare, clothing, dental, food, utility bills, job search, health insurance, housing, medication costs and transportation

Family or Personal Issues

For information of support available please call your child's Family Service Worker, Tyler (715-384-3552),



March 2025

Sun

Mon

Tue

Wed

Thu

Fri

Sat

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10

11

12

13

14

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16

17



No HS
Spring
Break

18

No HS
Spring
Break

19

No HS
Spring
Break

20

No HS
Spring
Break

21

No HS
Spring
Break

22

23

24

25

26

27

28


29

Sun

30

Marshfield Head Start Center March 2025 Menu

March 17-21 -Spring Break

Monday	Tuesday	Wednesday	Thursday	Friday
3 WG Bagel, Cream Cheese, Oranges Chicken Nuggets, Rice Pilaf, WG Roll, Peas, Applesauce WG Muffin Preschool in Session, No I/T	4 WG Cheerios, Strawberries Beef Tacos on WG Tortilla, Lettuce, Salsa, Sour Cream, Corn, Pineapple WG Sunchips and 100% Juice	5 Egg Bake w/ Cheese and Turkey Sausage, Peaches Burgers on WG Buns, Cheese Slices, Sweet Potato Fries, Mandarin Oranges String Cheese and WG Goldfish Crackers	6 WG Blueberry Bread, Applesauce Spaghetti Bake, Cheesy Breadsticks, California Vegetables, Kiwi WG Peanut Butter & Jelly Sandwich	7 WG Pancakes, Fruit Salsa Cheese Omelet, Roasted Diced Potatoes, WG Toast, Fruit Cocktail Cottage Cheese, Strawberries I/T Only
10 WG Oatmeal, Raisins/Dried Fruit Chicken Noodle Soup, Oyster/Saltine Crackers, WG Cheese Filled Breadstick, Cooked Carrots, Pears WG Animal Crackers I/T Only	11 WG Life Cereal, Blueberries Sweet and Sour Meatballs, Rice Pilaf, Broccoli, WG Breadstick, Pineapple Hard Boiled Eggs	12 WG Waffles, Bananas Shredded Pork, Gravy, Mashed Potatoes, WG Bread/Roll, Green Beans, Pears Cheese and Crackers	13 Scrambled Eggs, Strawberries, Hash Brown Patties Nachos (WG Tortilla Chips, Beef, Cheese, Lettuce, Salsa, Sour Cream), Bell Pepper Strips, Mango Trail Mix with WG Goldfish Crackers	14 WG Cheerios, Peaches Tomato Soup, WG Grilled Cheese Sandwich, Ham Slices, Cucumbers & Dip, Tropical Fruit WG Blueberry Bread
17 WG Pancakes and Applesauce Popcorn Chicken, Potato Smiles, Corn, Mango WG Animal Crackers Y Kids Only	18 WG Frosted Mini Wheats, Strawberries Corn Dogs, French Fries, Carrots & Dip, Oranges Sliced Cheese and Crackers Y Kids Only	19 WG Muffins, Mixed Berries Stuffed Shells, Meat Sauce, Garlic Bread, Peas, Peaches Vanilla Wafers Y Kids Only	20 WG Waffles, Toast, Pears Chicken Patty on WG Bun, Tater Tots, Apples WG Peanut Butter & Jelly Sandwich Y Kids Only	21 WG Life Cereal, Fruit Cocktail HM WG English Muffin Meat Pizza, Cottage Cheese, Green Beans, Tropical Fruit Strawberry Oatmeal Bars Y Kids Only
24 WG Kix Cereal, Pears Macaroni & Cheese, Diced Ham, WG Breadstick, Cooked Cauliflower, Applesauce Yogurt, WG Granola I/T Only	25 Cinnamon Toast, Mixed Berries Chicken Alfredo, Pasta, WG Breadstick, Italian Veggies, Pears 100% Juice, WG Crackers	26 WG Pancakes, Strawberries WG Fish Sticks, Potato Smiles, Peas, Pineapple Rice Cakes	27 WG Muffin, Blueberries Taco Meat WG Shells, Cheese, Lettuce, Salsa, Bell Pepper Strips, Peaches WG Scooby Grahams	28 WG French Toast Bread, Bananas BBQ on WG Buns, Cottage Cheese, Cucumbers & Dip, Tropical Fruit WG Pumpkin Bread
31 WG Cheerios, Strawberries Chicken Nuggets, Tater Tots, Corn, Peaches WG Bug Bites I/T Only		<p style="text-align: center;">All-day session children receive breakfast, lunch and snack.</p> <p style="text-align: center;">Milk is served with meals and snacks, occasionally juice is served at snack time instead of milk, to 1-5 year olds. Unflavored whole milk is served to 1 year olds, unflavored 1% or skim milk is served to 2-5 year olds. Water is available throughout the day.</p> <p style="text-align: center;">WG = whole grain HM = homemade</p>		

Lead-Safe Wisconsin: The Lead-Safe Homes Program

If you live in a home built before 1978 that has chipping or peeling paint, the Wisconsin Lead-Safe Homes Program (LSHP) may be able to help. This program makes homes safe for kids or pregnant women that are on [Medicaid](#) or [BadgerCare Plus](#) in Wisconsin by removing lead hazards.

The Wisconsin Department of Health Services (DHS) runs the LSHP in partnership with local and regional community groups that receive grants. To learn more, call 608-267-9191 or email DHSLeadSafe@dhs.wisconsin.gov.

LSHP prioritizes applications and projects based on the criteria below. Please note that applications may be placed on hold due to the high interest in LSHP and the service areas of LSHP grantees. This determination will be made after a complete application is reviewed for eligibility.

- Priority 1: Homes where a child has been identified with a high blood lead level and the local health department has issued orders for correction
- Priority 2: Homes of children that are poisoned but are not subject to lead hazard reduction work orders from the local health department
- Priority 3: Homes built before 1950 that do not have a lead-poisoned child or lead hazard reduction work orders
- Priority 4: Any other eligible property

You may qualify for the LSHP if:

- Your home was built before 1978.
- Your taxes are paid to date or you are enrolled in a tax payment plan.

Children under age 19 or a pregnant woman living at or regularly visiting your home are on, or are eligible for, Medicaid or BadgerCare Plus. ("Regularly visiting" means visiting for at least three hours per day on two or more days per week, totaling at least 60 hours per year.)

<https://www.dhs.wisconsin.gov/lead/lshp.htm>