

October 2024 Head Start Menu -Marshfield Center

Monday	Tuesday	Wednesday	Thursday	Friday
<p>All-day sessions serve breakfast, lunch & snack.</p> <p>Milk is served with meals and snacks, occasionally juice is served at snack time instead of milk, to 1-5 year olds. Unflavored whole milk is served to 1 year olds, unflavored 1% or skim milk is served to 2-5 year olds. Water is available throughout the day.</p>	<p>1 WG Cheerios Cereal, Strawberries</p> <p>WG Chicken Nuggets, Rice Pilaf, WG Roll, Peas, Mandarin Oranges</p> <p>WG Animal Crackers, 100% Juice</p>	<p>2 WG Apple Cinnamon Muffin, Bananas</p> <p>Beef BBQ on a WG Bun, Cheese Slices, Tater Tots, Watermelon</p> <p>Trail Mix, Orange Slices</p>	<p>3 Scrambled Eggs, WG Toast, Applesauce</p> <p>Chicken Salad on WG Bread, Cheese Cubes, Sweet Potato Fries, Grapes</p> <p>WG Goldfish Crackers, Seasonal Fruit</p>	<p>4 WG French Toast Stick, Blueberries</p> <p>Cheese Omelet, Hashbrown Potatoes, WG Toast, Fruit Salad</p> <p>Yogurt, WG Granola, Mixed Berries</p>
<p>7 WG Oatmeal Rounds, Fruit Cocktail</p> <p>Corn Dogs, French Fries, Green Beans, Peaches</p> <p>Scooby Graham Snacks</p> <p style="text-align: center;">Y Kids Only</p>	<p>8 WG Bagels, Cream Cheese, Peanut Butter, Apple Slices</p> <p>Taco Meat, WG Softshell, Cheese, Salsa, Lettuce, Red Pepper Strips, Pears</p> <p>WG French Toast Snack Bread, 100% Juice</p>	<p>9 Special K Cereal, Bananas</p> <p>WG Chicken Strips, Scalloped Potatoes, WG Roll, Peas, Applesauce</p> <p>WG Graham Crackers with Peanut Butter</p>	<p>10 WG Pancakes, Strawberries</p> <p>HM Pizza Quesadilla, Cottage Cheese, Corn, Pineapple</p> <p>Cheese Cubes, WG Goldfish Crackers</p>	<p>11 Egg, Sausage and Cheese on WG English Muffin, Blueberries</p> <p>Sweet & Sour Meatballs with WG Bun, Mashed Potatoes, Mandarin Oranges</p> <p>WG Soft Pretzels w/Cheese Sauce</p>
<p>14 WG Blueberry Bread, Fruit Cocktail</p> <p>Chicken Alfredo Pasta, WG Roll, Roasted Broccoli, Pears</p> <p>WG Animal Crackers</p> <p style="text-align: center;">No Preschool/4K</p>	<p>15 WG Frosted Mini Wheats Cereal, Strawberries</p> <p>WG Fish Sticks, Potato Salad, WG Roll, Corn, Pineapple</p> <p>WG Crackers, Hard Boiled Eggs</p>	<p>16 WG Kix Cereal, Bananas</p> <p>Chicken Fajitas: Chicken Strips, WG Softshells, Cheese, Salsa, Lettuce, Bell Pepper Strips & Dip, Oranges</p> <p>Yogurt, Blueberries, WG Granola</p>	<p>17 WG French Toast Sticks, Fruit Salsa</p> <p>Turkey & Cheese on a Pretzel Bun, Sweet Potato Fries, Carrots & Dip, Grapes</p> <p>WG Goldfish, String Cheese, 100% Juice</p>	<p>18 WG Muffin, Applesauce</p> <p>Flatbread Cheese Pizza, Cottage Cheese, Lettuce Salad, Fruit Cocktail</p> <p>WG Banana Bread, Peaches</p>
<p>21 WG Waffle Sticks, Fruit Salsa</p> <p>Spaghetti w Meat Sauce, WG Garlic Bread, Green Beans, Mandarin Oranges</p> <p>WG Banana Bread</p> <p style="text-align: center;">No Preschool/4K</p>	<p>22 WG Life Cereal, Peaches</p> <p>Shredded Chicken on Hawaiian Roll, Cheese Slices, Cucs with Dip, Kiwi</p> <p>WG Graham Crackers, Strawberries</p>	<p>23 Cinnamon Toast, Bananas</p> <p>HM Macaroni and Cheese, Cubed Ham, Peas, WG Breadstick, Grapes</p> <p>WG Muffin, Fruit Cocktail</p>	<p>24 Breakfast Pizza, (WG Crust, Scrambled Eggs, Ham, Cheese), Blueberries</p> <p>Pork Roast, WG Roll, California Veggies, Scalloped Potatoes, Pears</p> <p>Cheese Slices and Crackers</p>	<p>25 WG Bagel, Cream Cheese, Jelly, Kiwi</p> <p>Creamy Ham & Potato Soup, Oyster Crackers, Cottage Cheese, WG Roll, Cucumber & Dip, Cantaloupe</p> <p>Rice Cakes, Mixed Fruit</p>
<p>28 WG Kix Cereal, Peaches</p> <p>Baked Chicken, WG Roll, Mashed Potatoes, Cooked Carrots, Pears</p> <p>WG Peanut Butter and Jelly Sandwich</p> <p style="text-align: center;">Preschool in Session</p>	<p>29 WG Pumpkin Bread, Strawberries</p> <p>Hamburger on WG Bun, Cheese Slices, Pickles, Potato Smiles, Veggies w/Dip, Grapes</p> <p>Yogurt, WG Granola, Mixed Berries</p>	<p>30 WG Oatmeal, Raisins, Blueberries</p> <p>Cheese Ravioli with Meat Sauce, WG Breadstick, Italian Veggies, Apple Slices</p> <p>WG Graham Snacks, Oranges</p>	<p>31 WG Toast, Jelly, Scrambled Eggs</p> <p>Orange Chicken, WG Fried Rice, Broccoli, Mandarin Oranges</p> <p>WG Sunchips, 100% Juice</p>	<p>WG = whole grain HM = homemade</p> <p>** Infants and Toddlers (I/T) will be fed "on demand according to their own feeding pattern and what is developmentally right for each child. Infants that are developmentally ready are provided with infant cereal by itself or w/ fruit &/or vegetables as well as some of the menu items. Peanut butter is NOT fed to infants under 1 year according to Wisconsin State Licensing.</p>