

# May/June 2024 Nekoosa Head Start Center Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>June 3</b> WG Crispix Cereal, Blueberries Chef's Choice (TBD) String Cheese, Pretzels	<b>June 4</b> WG Corn Flakes Cereal, Mandarin Oranges  End of Year Picnic (TBD) WG Chex Mix	1 Corn Flakes, Oranges  Deli Sub, Kettle Chips, Steamed Peas, Baby Carrots, Pineapple  WG Animal Crackers	2 WG Cinnamon Toast, Peaches  Cheeseburger, French Fries, Spiced Pinto Beans, Cucumber Slices, Applesauce  Rice Cakes, 100% Juice	3 WG Honey Bunches of Oats Cereal, Strawberries  Cheese Pizza, California Blend, Celery Sticks, Pears  WG Peanut Butter & Jelly Sandwich
6  <b>Center Closed</b>	7 WG Life Cereal, Bananas  Beefy Nachos, Salsa, Refried Beans, Steamed Corn, Baby Carrots, Cinnamon Apples  Fresh Blueberries, Yogurt, WG Granola	8 WG Pancakes, Peaches  Toasted Cheese Sandwich, Tomato Soup, Green Beans, Cucumber Slices, Strawberries  WG Chex Mix	9 WG Kix Cereal, Oranges  Crispy Chicken Sandwich, Tri Taters, Green Beans, Pepper Strips, Applesauce  Trail Mix with WG Goldfish Crackers	10 WG Bagel, Cream Cheese, Fruit Salsa  Cheese Pizza, Celery Sticks, Peas & Carrots, Apple  WG Sun Chips, 100% Juice
13  <b>Center Closed</b>	14 Egg, Cheese, Sausage on WG English Muffin, Pineapple  Cheese Bosco Stick, Marinara Sauce, Steamed Corn, Baby Carrots, Strawberries  Fresh Veggies, Hummus and Ranch	15 WG Muffin Bar, Kiwi  Munchable, Kettle Chips, Baby Carrots, Applesauce Cup  WG Tortilla Chips, Salsa	16 WG Life Cereal, Applesauce  Pasta w/Meat Sauce, Green Beans, Cucumber Slices, Apple Slices  Rice Cakes, Clementines	17 WG Cinnamon Toast, Bananas  Cheese Pizza, Steamed Broccoli, Celery Sticks, Peaches  Pretzels, String Cheese
20 <b>In Session</b> WG Cheerios, Craisins & Raisins  Mini Corn Dogs, French Fries, Cole Slaw, Baby Carrots, Orange Wedges  Seasonal Fruit, Yogurt, WG Granola	21 WG Blueberry Muffin Bar, Oranges  Chicken Patty, Baked Beans, Banana, Baby Carrots, Pears  Cheese, WG Crackers, 100% Juice Slush Cup	22 WG Pancakes, Baked Cinnamon Apples  Deli Sub, French Fries, Baby Carrots, Pineapple  Trail Mix w/WG Goldfish Crackers	23 WG Bagel, Cream Cheese, Peaches  Pancakes, Sausage Patty, Tri Taters, Peas & Carrots, Celery Sticks, Applesauce  WG Graham Crackers, Strawberries	24  <b>Center Closed-Record Keeping Day</b>
27  <b>Center Closed-Memorial Day</b>	28 WG Kix Cereal, Blueberries  Macaroni & Cheese, WG Dinner Roll, Green Beans, Red Peppers, Peaches  Seasonal Fruit, Yogurt, WG Granola	29 WG Muffin, Pears  Popcorn Chicken, Baked Beans, Steamed Corn, Broccoli Florets w/Ranch, Apple Slices  WG Peanut Butter & Jelly Sandwich	30 WG Frosted Mini Wheats, Strawberries  Beefy Nachos, Salsa, Refried Beans, Steamed Corn, Green Pepper Strips, Cinnamon Apples  WG Tortilla Chips, Salsa, 100% Juice Slush Cups	31 WG French Toast Sticks, Mandarin Oranges  Cheese Pizza, Steamed Broccoli, Baby Carrots, Pears  Pretzels, WG Goldfish, Peanut Butter

All-day session children receive breakfast, lunch and snack. Milk is served with meals and snacks and occasionally juice is served at snack time instead of milk, to 1-5 year olds. Unflavored whole milk is served to 1 year olds, unflavored 1% or skim milk is served to 2-5 year olds. Water is available throughout the day. WG = whole grain    HM = homemade

\*\* Infants and Toddlers (I/T) will be fed "on demand" according to their own feeding patterns and what is developmentally right for each child. Infants that are developmentally ready are provided with infant cereal by itself or w/fruit &/or vegetables as well as some of the menu items. Peanut Butter is NOT fed to infants under 1 year according to Wisconsin State Licensing