May 2024 Marshfield Menu Head Start Centers

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Scrambled Eggs, Apple Slices, WG Toast	2 WG Muffin, Banana Beef Taco Meat, Lentils,	3 WG Cheerios Cereal, Strawberries
		Baked Chicken Breast, Mashed Potatoes, Gravy, WG Roll, Cucumbers & Dip, Seasonal Fruit	WG Soft Shells , Shredded Cheese & Lettuce, Fresh Veggies w/ Dip, Watermelon	Ham, Turkey & Cheese Slices,Hawaiian Roll, Potato Salad, Seasonal Fruit
		WG Tortilla Chips & Salsa	Seasonal Fruit, Yogurt & WG Granola	WG Crackers, String Cheese, Grapes
6 WG Kix Cereal, Peaches Chicken Patty on WG Bun, Cheese Slices, Raw Veggies & Dip, Pickles, Mango WG Goldfish Crackers, Pears	7 Special K Cereal, Fresh Blueberries Beef BBQ, WG Bun, Cheese Slices, Peas, Baked Beans, Mandarin Oranges WG Sun Chips, 100% Fruit Juice	8 WG Pancakes, Bananas Turkey & Cheese Rollup with WG Tortillas, Pasta Salad, Carrots & Dip, Pears Apple Slices and Cheese Cubes	9 WG French Toast Sticks, Kiwi HM Pizza Quesadilla (WG Tortilla), Cottage Cheese, Potato Smiles, Fresh Strawberries Peanut Butter, Celery & Apple Slices, Raisins	10 Breakfast Burrito (WG tortilla, scrambled eggs, shredded cheese), Baked Cinnamon Apples WG Chicken Nuggets, Buttered Noodles, Broccoli, Applesauce Fresh Berries, Yogurt, WG Granola
13 WG Blueberry Bread, Applesauce Chicken Alfredo, Roasted Broccoli, WG Roll, Grapes Trail Mix, 100% Juice Slush Cup Preschool in Session	14 wg Life Cereal, Oranges Fish Sticks, wg Roll, Green Beans, Tropical Fruit Mix Hummus and Fresh Vegetables	15 Breakfast Sandwich (WG English Muffin, Egg, Cheese), Clementines HM Meat Pizza/Cheese Pizza, Cottage Cheese, Cooked Carrots, Kiwi Yogurt, WG Granola, Blueberries	16 wg French Toast Sticks, Sausage, Mixed Berries Grilled Cheese Sandwich on wg Bread, Ham Slices, Tomato Soup, Cucumbers & Dip, Pear Animal Crackers, Peaches	17 WG Pumpkin Bread, Bananas WG Spaghetti, Meat Sauce, Garlic Bread, Lettuce Salad, Mandarin Oranges Hard Boiled Egg, WG Crackers
20 wg Cheerios, Mlxed Fruit Chicken Strips, Rice Pilaf, Cauliflower & Dip, Tropical Fruit Salad wg Graham Snacks, Clementines Preschool in Session	21 WG Frosted Mini Wheat Cereal, Applesauce Meatballs, Gravy, Mashed Potatoes, WG Roll, Green Beans, Watermelon WG Chex Mix, 100% Juice Slush Cups	22 HM Egg Bake, Hash Browns, Salsa, WG Toast Cheese Ravioli, Meat Sauce, WG Breadstick, Roasted Broccoli, Peaches Apple Slices & Nut Butter	23 WG Toast w/ Peanut Butter & Jelly, Banana Chicken Fajita Strips, WG Softshells, Cheese, Black Beans, Salsa, Lettuce, Red Pepper Strips, Pineapple Cheese & Crackers	24 wg French Toast Sticks, Strawberries Beef Stroganoff, Egg Noodles, Peas, wg Roll, Blueberries wg Popcorn
Center Closed- Memorial Day	28 wg Cheerios, Applesauce Hot Ham & Cheese on Pretzel Bun, Tater Tots, Carrots & Dip, Fresh Fruit Mix wg PB & Jelly Sandwich	29 WG Toast with Peanut Butter, Jelly, Banana Orange Chicken, WG Brown Rice, Oriental Veggies, Grapes WG Muffin, 100% Juice Slush Cup	30 wg Waffles, Fresh Blueberries HM Macaroni and Cheese, Turkey on a wg Roll, Peas, Pears Hummus & Fresh Vegetables	31 Bagel, Cream Cheese, Fruit Salsa Hamburger on WG Bun, Cheese Slices, Sweet Potato Fries, Corn, Apple Slices Carrots & Ranch, String Cheese

All-day session children receive breakfast, lunch and snack. Milk is served with meals and snacks and occasionally juice is served at snack time instead of milk, to 1-5 year olds. Unflavored whole milk is served to 1 year olds, unflavored 1% or skim milk is served to 2-5 year olds. Water is available throughout the day. WG = whole grain HM = homemade

^{**} Infants and Toddlers (I/T) will be fed "on demand" according to their own feeding patterns and what is developmentally right for each child. Infants that are developmentally ready are provided with infant cereal by itself or w/fruit &/or vegetables as well as some of the menu items. Peanut Butter and Honey are NOT fed to infants under 1 year according to Wisconsin State Licensing.