

May 2024 Menu Biron Head Start Center

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1 Scrambled Eggs, Apple Slices, WG Toast</p> <p>Baked Chicken Breast, Mashed Potatoes, Gravy, WG Roll, Corn, Seasonal Fruit</p> <p>WG Tortilla Chips & Salsa</p>	<p>2 WG Muffin, Banana</p> <p>Lentil & Beef Taco Meat, WG Soft Shells, Shredded Cheese & Lettuce, Cucumber & Dip, Watermelon</p> <p>Seasonal Fruit, Yogurt & WG Granola</p>	<p>3 WG Cheerios Cereal, Fresh Strawberries</p> <p>Ham & Cheese Slices, Hawaiian Roll, Potato Salad, Seasonal Fruit</p> <p>WG Crackers, String Cheese, Grapes</p>
<p>6</p>  <p style="color: red;">Center Closed- Record Keeping Day</p>	<p>7 WG Bagels, Cream Cheese, Fruit Salsa</p> <p>Beef BBQ, WG Bun, Peas, Cheese Slices, Mandarin Oranges</p> <p>Fresh Berries, WG Granola, and Yogurt</p>	<p>8 WG Pancakes, Bananas</p> <p>Turkey & Cheese Rollup with WG Tortillas, Pasta Salad, Carrots & Dip, Pears</p> <p>Peanut Butter, Celery, Raisins</p>	<p>9 WG Kix Cereal, Kiwi</p> <p>Hamburger on WG Bun, Cheese Slices, Fresh Veggies w Dip, Pickles, Sunchips, Watermelon</p> <p>WG Goldfish Crackers and Pretzels</p> <p style="color: red;">Last Day of ½ day Preschool</p>	<p>10 Breakfast Burrito (WG tortilla, scrambled eggs, shredded cheese), Baked Cinnamon Apples</p> <p>WG Chicken Nuggets, Buttered Noodles, Broccoli, Applesauce</p> <p>WG Sun Chips, 100% Fruit Juice</p>
<p>13 WG Blueberry Muffin Bars, Applesauce</p> <p>Fish Sticks, WG Roll, Green Beans, Tropical Fruit Mix</p> <p>Hard Boiled Egg, WG Crackers</p>	<p>14 WG Life Cereal, Oranges</p> <p>Grilled Cheese Sandwich on WG Bread, Ham Slices, Tomato Soup, Cucumbers & Dip, Pears</p> <p>Hummus, Ranch & Fresh Vegetables</p>	<p>15 WG Pumpkin Bread, Bananas</p> <p>WG Spaghetti, Meat Sauce, Garlic Bread, Lettuce Salad, Mandarin Oranges</p> <p>Yogurt, WG Granola, Blueberries</p>	<p>16 WG French Toast Sticks, Sausage, Mixed Berries</p> <p>Chicken Alfredo, WG Rotini, Roasted Broccoli, Grapes</p> <p>Animal Crackers, Peaches</p>	<p>17 Breakfast Sandwich (WG English Muffin, Egg, Cheese), Applesauce</p> <p>HM Meat Pizza/Cheese Pizza, Cottage Cheese, Cooked Carrots, Kiwi</p> <p>Trail Mix, 100% Juice Slush Cup</p>
<p>20 WG Pancakes, Blueberries</p> <p>Chicken Strips, Rice Pilaf, California Veggies, Tropical Fruit Salad</p> <p>WG Graham Snacks, Clementines</p> <p style="color: red;">Preschool in Session (except ½ day)</p>	<p>21 WG Toast w/ Peanut Butter & Jelly, Applesauce</p> <p>Meatballs, Gravy, Mashed Potatoes, WG Roll, Green Beans, Watermelon</p> <p>Cheese & WG Crackers</p>	<p>22 HM Egg Bake, Hash Browns, Salsa, WG Toast</p> <p>Cheese Ravioli, Meat Sauce, WG Breadstick, Roasted Broccoli, Peaches</p> <p>Apple Slices & Nut Butter</p>	<p>23 WG Frosted Mini Wheat Cereal, Oranges</p> <p>Chicken Fajita Strips, Bell Pepper Strips, WG Softshells, Cheese, Black Beans, Salsa, Lettuce, Pineapple</p> <p>WG Chex Mix, 100% Juice</p>	<p>24 WG Oatmeal, Raisins, Diced Apples</p> <p>Chicken Breast Sandwich on WG Bun, Cheese Slices, Clementines</p> <p>WG Animal Crackers</p> <p style="color: red;">IT Classes Only</p>
<p>27</p>  <p style="color: red;">Center Closed- Memorial Day</p>	<p>28 WG Cheerios, Applesauce</p> <p>Orange Chicken, WG Fried Rice, Oriental Veggies, Grapes</p> <p>WG PB & Jelly Sandwich</p>	<p>29 WG Toast with Peanut Butter, Banana</p> <p>Hot Ham & Cheese on Pretzel Bun, Tater Tots, Carrots & Dip, Seasonal Fruit</p> <p>Carrots & Ranch, String Cheese</p>	<p>30 WG Waffles, Fresh Blueberries</p> <p>HM Macaroni and Cheese, Turkey on a WG Roll, Peas, Pears</p> <p>Hummus, Ranch & Fresh Vegetables</p>	<p>31 Bagel, Cream Cheese, Jelly, Peaches</p> <p>HM Pizza Quesadilla (WG Tortilla), Cottage Cheese, Potato Smiles, Peaches</p> <p>WG Muffin, 100% Juice Slush Cup</p>

All-day session children receive breakfast, lunch and snack. Milk is served with meals and snacks and occasionally juice is served at snack time instead of milk, to 1-5 year olds. Unflavored whole milk is served to 1 year olds, unflavored 1% or skim milk is served to 2-5 year olds. Water is available throughout the day. WG = whole grain HM = homemade

** Infants and Toddlers (I/T) will be fed "on demand" according to their own feeding patterns and what is developmentally right for each child. Infants that are developmentally ready are provided with infant cereal by itself or w/fruit &/or vegetables as well as some of the menu items. Peanut Butter & Honey are NOT fed to infants under 1 year according to Wisconsin State Licensing.