

April 2024 Menu West Center

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p>  <p style="color: red; text-align: center;">Center Closed</p>	<p>2 Cheese Omelet, WG Toast, Mixed Fruit</p> <p>HM Cheese Pizza Quesadilla on WG Tortilla Shell, Cottage Cheese, Cucumber & Dip, Pineapple</p> <p>WG Muffins, 100% Juice</p>	<p>3 WG Frosted Mini Wheats Cereal, Bananas</p> <p>Roast Turkey, Mashed Potatoes, Roasted Butternut Squash, WG Rolls, Seasonal Fruit</p> <p>Cheese Cubes, Grapes</p>	<p>4 WG Waffles, Fruit Salsa</p> <p>HM Bean & Cheese Burrito, Rice Pilaf, Corn, Peaches</p> <p>Yogurt, WG Granola, Berries</p>	<p>5 WG English Muffin, Peanut Butter, Jelly, Apple Slices</p> <p>Chicken and Brown Rice Soup, Ham Sandwich on WG Bread, Cheese Slices, Cherry Tomatoes w/Dip, Pears</p> <p>WG Trail Mix</p>
<p>8 WG Honey Bunches of Oats Cereal, Mixed Fruit</p> <p>Chicken Tenders, WG Roll, Potato Smiles, Mixed Veggies, Seasonal Fruit</p> <p>WG Banana Bread</p> <p style="color: red; text-align: center;">I/T Classes Only</p>	<p>9 WG Pancakes, Applesauce</p> <p>WG Spaghetti Noodles w/Meatballs, Garlic Bread, Salad, Grapes</p> <p>WG Graham Snacks, Tropical Fruit</p>	<p>10 WG Cinnamon Toast, Apple Slices</p> <p>HM Chicken & Cheese Quesadillas, Black Beans, Pepper strips w/Dip, Kiwi</p> <p>WG Goldfish Crackers, 100 % Juice Slush Cups</p>	<p>11 WG Waffles, Bananas</p> <p>Meatballs, Mashed Potatoes w/ Gravy, WG Roll, Roasted Carrots, Peaches</p> <p>Peanut Butter, Celery, Raisins</p>	<p>12 WG Kix Cereal, Orange Slices Tomato Soup, HM WG Grilled Cheese Sandwich, Ham Slices, Cucumbers & Dip, Tropical Fruit</p> <p>String Cheese, Pretzels</p>
<p>15 WG Pumpkin Bread, Pears</p> <p>HM Macaroni & Cheese, Ham, WG Breadstick, Broccoli, Peaches</p> <p>Cheese Cubes, WG Goldfish Crackers</p> <p style="color: red; text-align: center;">Preschool in Session</p>	<p>16 WG Muffin, Mandarin Oranges</p> <p>Lentil & Beef Taco Meat, WG Tortilla Chips, Shredded Cheese, Salsa, Lettuce, Corn, Cantaloupe</p> <p>Peanut Butter, Apple Slices</p>	<p>17 WG French Toast Sticks, Sausage, Strawberries & Blueberries</p> <p>Burgers on WG Buns, Cheese Slices, Pickles, Sweet Potato Fries, Watermelon</p> <p>Fresh Assorted Veggies, Hummus</p>	<p>18 WG Oatmeal, Raisins/Nuts, Diced Fruit</p> <p>Chicken Tenders, WG Rolls, Rice Pilaf, Peas, Applesauce</p> <p>WG Muffins, 100% Juice</p>	<p>19 HM Breakfast Pizza, (Crust, Egg, Cheese & Sausage), Bananas</p> <p>Lasagna w/ Meat Sauce, WG Roll, California Blend Vegetables, Blueberries</p> <p>Yogurt, Mixed Berries, WG Granola</p>
<p>22 Corn Flakes Cereal, Blueberries</p> <p>HM Chicken Penne Pasta, WG Cheese Breadstick, Broccoli, Fruit Mix</p> <p>WG Crackers and Hummus</p> <p style="color: red; text-align: center;">I/T Classes Only</p>	<p>23 WG Cheerios, Strawberries</p> <p>WG HM Meat Pizza/Cheese Pizza, Cottage Cheese, Fresh Veggies & Dip, Peaches</p> <p>WG Graham Crackers, Mandarin Oranges</p>	<p>24 WG Muffin Bars, Bananas</p> <p>Roasted Pork, Mashed Potatoes, Gravy, WG Bun, California Vegetables, Grapes</p> <p>WG Tortilla Chips, Salsa</p>	<p>25 Scrambled eggs, WG Toast, Hash Browns</p> <p>Beef Stroganoff, Egg Noodles, WG Roll, Mixed Veggies, Clementines</p> <p>WG PB Jelly Sandwich, 100% Juice</p>	<p>26 WG French Toast Sticks, Fruit Salsa</p> <p>Cheese Ravioli, Meat Sauce, WG Breadsticks, Broccoli, Fruit Salad</p> <p>WG Sun Chips, String Cheese</p>
<p>29 WG Life Cereal, Bananas</p> <p>HM Chicken Alfredo, WG Breadstick Green Beans, Grapes</p> <p>Yogurt, WG Granola and Mixed Berries</p> <p style="color: red; text-align: center;">I/T Classes Only</p>	<p>30 WG Bagels, Cream Cheese, Fresh Strawberries</p> <p>WG English Muffin Pizzas w Meat & Cheese, Fresh Assorted Veggies w Hummus, Pineapples</p> <p>Clementines, WG Animal Crackers</p>	<p style="color: red;">All-day session children receive breakfast, lunch and snack.</p> <p style="color: red;">Milk is served with meals and snacks, occasionally juice is served at snack time instead of milk, to 1-5 year olds. Unflavored whole milk is served to 1 year olds, unflavored 1% or skim milk is served to 2-5 year olds. Water is available throughout the day.</p> <p>WG = whole grain WGR = whole grain rich HM = homemade</p>		

** Infants and Toddlers (I/T) will be fed “on demand” according to their own feeding patterns and what is developmentally right for each child. Infants that are developmentally ready are provided with infant cereal by itself or w/fruit &/or vegetables as well as some of the menu items. Peanut Butter is NOT fed to infants under 1 year according to Wisconsin State Licensing. Substitutions for allergies are provided.