Marshfield Head Start Centers March 2024 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
March 25th - 31st is Spring Break!				1 WG Pancakes, Applesauce
All-day session children receive breakfast, lunch and snack. Milk is served with meals and occasionally juice is served at snack time instead of milk, to 1-5 year olds. Unflavored whole milk is served to 1 year olds, unflavored 1% or skim milk is served to 2-5 year olds. Water is available throughout the day.				Chili w/Noodles, Crackers, Cheese, Cucumbers & Dip,
WG = whole grain HM = homemade				Tropical Fruit Salad
** Infants and Toddlers (I/T) will be fed "on demand" according to their own feeding patterns and what is developmentally right for each child. Infants that are developmentally ready are provided with infant cereal by itself or w/fruit &/or vegetables as well as some of the menu items. Peanut Butter is NOT fed to infants				WG Graham Crackers, Peanut Butter No Preschool/4K
under 1 year according to Wisconsin State Licensing.				Tro Fredericot, III
4 WG Kix Cereal, Mixed Fruit	5 Special K Cereal, Oranges	6 WG Pancakes, Bananas	7 Breakfast Burrito, Strawberries	8 WG Bagel, Cream Cheese, Fruit Salsa
HM Chicken Alfredo, WG Breadstick, Broccoli, Fruit Mix	WG Chicken Nuggets, Buttered Noodles, WG Roll, Peas, Applesauce	Beef & Lentil Tacos on WG Tortilla, Lettuce, Salsa, Shredded Cheese, Sour Cream,	Turkey sandwich on WG Roll, Pasta Salad, Carrots & Dip, Peaches	WG Spaghetti Noodles w/ Meat Sauce, Cheesy Breadsticks, California Vegetables, Kiwi
WG Crackers, String Cheese Y Kids Only	WG Muffin, Mixed Fruit	Corn, Pears Yogurt, WG Granola and Berries	Trail Mix with WG Goldfish Crackers	WG Sun Chips, Mandarin Oranges
11 WG Life Cereal, Mixed Berries	12 WG Frosted Mini Wheats Cereal, Blueberries	13 Scrambled Eggs, WG Toast, Strawberries	14 WG French Toast Sticks, Tangerines	15 WG Apple Cinnamon Muffin Bars, Banana
Beef Stroganoff, Egg Noodles, WG Roll, Peas, Apple Slices	Chicken Tenders, Rice Pllaf, WG Roll/Bread, Corn, Pears	Cheese Broccoli Soup, Ham, Cheese Slices, Hawaiian Roll, Cucumbers & Dip, Fruit	Chicken Fajita Strips, WG Softshells, Cheese, Salsa, Lettuce, Tater Tots, Pineapple	HM Meat Pizza/Cheese Pizza, Cottage Cheese, Lettuce Salad, Mandarin
WG Animal Crackers		Mix		Oranges
No Preschool/4k	WG Rice Cakes, Peaches	WG Tortilla Chips, Salsa & Cheese Sauce	Celery Sticks, Peanut Butter, Raisins	Yogurt, WG Granola, Blueberries
18 WG Banana Bread, Applesauce	19 WG Cheerios, Peaches	20 WG Breakfast Sandwich (Egg, Cheese, WG English	21 WG Oatmeal, Raisins, Diced Apples	22 WG Waffles, Mandarin Oranges
Roast Turkey, Gravy, Mashed Potatoes, WG Bread/Roll, Green Beans, Pears	Cheese Omelet, Hash Brown Patties, WG Toast, Fruit Cocktail	Muffin), Banana Cheese Ravioli, Meat Sauce, WG Breadsticks, Broccoli, Fruit Salad	Burgers on WG Buns, Cheese Slices, Sweet Potato Fries, Mandarin Oranges	WG Fish Sticks, Buttered Noodles, WG Roll/Bread, Peas, Tropical Fruit Mix
Apple Slices and Peanut Butter No Preschool/4k	Carrots & Dip, Hard–Boiled Eggs	WG Soft Pretzels w/Cheese Sauce, Fruit Cocktail	Cheese and Crackers	WG Sun Chips
25	26	27	28	29
Y Kids Only	Y Kids Only	Y Kids Only	Y Kids Only	Y Kids Only