

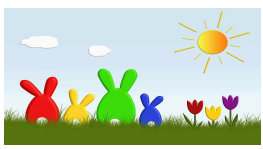





## West Head Start Center March 2024 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: center;"><b>March 25th - 31st is Spring Break!</b></p> <p>All-day session children receive breakfast, lunch and snack. Milk is served with meals and occasionally juice is served at snack time instead of milk, to 1-5 year olds. Unflavored whole milk is served to 1 year olds, unflavored 1% or skim milk is served to 2-5 year olds. Water is available throughout the day.</p> <p>WG = whole grain      HM = homemade</p> <p>** Infants and Toddlers (I/T) will be fed "on demand" according to their own feeding patterns and what is developmentally right for each child. Infants that are developmentally ready are provided with infant cereal by itself or w/fruit &amp;/or vegetables as well as some of the menu items. Peanut Butter is NOT fed to infants under 1 year according to Wisconsin State Licensing.</p>				<p><b>1 WG</b> Pancakes, Applesauce</p> <p><b>HM</b> Chili w/Noodles, Crackers, Cheese, Cucumbers &amp; Dip, Tropical Fruit</p> <p><b>WG</b> Graham Crackers, Peanut Butter</p> <p style="color: red;">Infant/Toddler and ½ Day Classes in Session- No Preschool or 4K</p>
<p>4</p>  <p style="color: red;">Center Closed</p>	<p><b>5 WG</b> Honey Bunches of Oats Cereal, Oranges</p> <p><b>WG</b> Chicken Nuggets, Buttered Noodles, <b>WG</b> Roll, Peas, Applesauce</p> <p><b>WG</b> Muffin</p>	<p><b>6 WG</b> Pancakes, Bananas</p> <p>Lentil &amp; Beef Tacos on <b>WG</b> Tortilla, Lettuce, Salas, Sour Cream, Corn, Pears</p> <p>Yogurt and Berries</p>	<p><b>7</b> Breakfast Burrito on <b>WG</b> Tortilla, Strawberries</p> <p>Turkey sandwich on <b>WG</b> Roll, Pasta Salad, Carrots &amp; Dip, Peaches</p> <p>Trail Mix with <b>WG</b> Goldfish Crackers</p>	<p><b>8 WG</b> Bagel, Cream Cheese, Fruit Salsa</p> <p><b>HM</b> Spaghetti Bake, Cheesy Breadsticks, California Vegetables, Kiwi</p> <p><b>WG</b> Sun Chips</p>
<p><b>11 WG</b> Oatmeal, Raisins, Diced Apples</p> <p><b>HM</b> Beef Stroganoff, Egg Noodles, <b>WG</b> Roll, Corn, Apple Slices</p> <p><b>WG</b> Animal Crackers</p> <p style="color: red;">No Preschool/4k</p>	<p><b>12 WG</b> Frosted Mini Wheats Cereal, Blueberries</p> <p>Chicken Tenders, Rice Pilaf, <b>WG</b> Roll/Bread, Corn, Pears</p> <p><b>WG</b> Rice Cakes, Fresh Tangerines</p>	<p><b>13 WG</b> Apple Cinnamon Muffin Bars, Applesauce</p> <p><b>HM</b> Cheese Broccoli Soup, Ham, Cheese Slices, Hawaiian Roll, Cucumbers &amp; Dip, Fruit Mix</p> <p><b>WG</b> Tortilla Chips, Salsa &amp; Cheese Sauce</p>	<p><b>14 WG</b> French Toast Sticks, Orange Slices</p> <p>Chicken Fajita Strips, <b>WG</b> Softshells, Cheese, Salsa, Lettuce, Tater Tots, Pineapple</p> <p>Celery Sticks, Peanut Butter, Raisins</p>	<p><b>15</b> Scrambled Eggs w/ Cheese, Strawberries</p> <p><b>HM</b> Meat Pizza/Cheese Pizza, Cottage Cheese, Lettuce Salad, Mandarin Oranges</p> <p>Yogurt, <b>WG</b> Granola, Blueberries</p>
<p><b>18 WG</b> Waffles, Bananas</p> <p>Shredded Pork, Gravy, Mashed Potatoes, <b>WG</b> Bread/Roll, Green Beans, Pears</p> <p>Cheese and Crackers</p> <p style="color: red;">No Preschool/4k</p>	<p><b>19 WG</b> Cheerios, Peaches</p> <p>Cheese Omelet, Roasted Diced Potatoes, <b>WG</b> Toast, Fruit Cocktail</p> <p>Apple Slices and Peanut Butter</p>	<p><b>20 WG</b> Life Cereal, Blueberries</p> <p>Sweet and Sour Meatballs, Rice Pilaf, Broccoli, <b>WG</b> Breadstick, Pineapple</p> <p><b>WG</b> Soft Pretzels, Cheese Sauce</p>	<p><b>21 WG</b> Breakfast Sandwich (Egg, Cheese, <b>WG</b> English Muffin), Banana</p> <p>Burgers on <b>WG</b> Buns, Cheese Slices, Sweet Potato Fries, Mandarin Oranges</p> <p>Carrots &amp; Dip, Hard-Boiled Eggs</p>	<p><b>22 WG</b> Muffin, Applesauce</p> <p><b>WG</b> Fish Sticks, Buttered Noodles, <b>WG</b> Roll/Bread, Peas, Tropical Fruit Mix</p> <p><b>WG</b> Sun Chips</p>
<p>25</p>  <p style="color: red;">Center</p>	<p>26</p>  <p style="color: orange;">Closed</p>	<p>27</p>  <p style="color: green;">For</p>	<p>28</p>  <p style="color: green;">Spring</p>	<p>29</p>  <p style="color: blue;">Break</p>