

29 January 2024 Head Start Menu - Marshfield Center

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p><i>Happy New Year</i> ★★</p> <p>Center Closed</p>	<p>2 WG Blueberry Bread, Mandarin Oranges</p> <p>Pizza Burgers on WG Bun, Potato Smiles, Pears</p> <p>WG Trail Mix</p> <p>No Preschool/4K</p>	<p>3 WG English Muffin Egg & Cheese Sandwich, Bananas</p> <p>HM Macaroni & Cheese, Diced Ham, WG Breadstick, Peas, Tropical Fruit Salad</p> <p>WG Peanut Butter & Jelly Sandwich</p>	<p>4 WG French Toast Sticks, Mixed Fruit</p> <p>Meatballs with Mashed Potatoes & Gravy, WG Bun, California Vegetables, Peaches</p> <p>WG Graham Crackers, Applesauce</p>	<p>5 WG Cheerios, Blueberries</p> <p>HM Chicken & Cheese WG Quesadilla, Cottage Cheese, Peppers Slices & Dip, Orange Slices</p> <p>Apple Slices with Peanut Butter, 100% Juice</p>
<p>8 WG French Toast Bread, Pears</p> <p>Fish Sticks, French Fries, Green Beans, Tropical Fruit Salad</p> <p>WG Sunchips</p> <p>Y Kids Only</p>	<p>9 WG Bagels with Jam, Strawberries</p> <p>WG Chicken Nuggets, Rice Pilaf, WG Roll, Peas, Applesauce</p> <p>WG Goldfish Crackers, Mandarin Oranges</p>	<p>10 Special K Cereal Bananas</p> <p>Tacos (WG Tortillas, Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomato, Sour Cream, Salsa), Corn, Grapes</p> <p>WG Muffins, Diced Peaches</p>	<p>11 WG Waffles, Blueberries</p> <p>Chicken Noodle Soup, WG Roll, Cheese Cubes, Baby Carrots & Dip, Apple Slices</p> <p>WG Tortilla Chips, Salsa</p>	<p>12 Scrambled Eggs with Cheese, WG Toast</p> <p>BBQ on a WG Bun, Cottage Cheese, Winter Moon Vegetables, Peaches</p> <p>WG Animal Crackers, 100% Juice</p>
<p>15 WG Cheerios Cereal, Tropical Fruit</p> <p>Chicken Patty on WG Bun, French Fries, Cucumber Slices, Orange Wedges</p> <p>Hard Boiled Egg, String Cheese</p> <p>No Preschool/4K</p>	<p>16 Rice Krispies, Dried Cranberries, Pears</p> <p>Beef Roast, Mashed Potatoes & Gravy, WG Roll, Roasted Cauliflower & Carrots, Fruit Salad</p> <p>WG Graham Crackers, Peanut Butter</p>	<p>17 WG Oatmeal w/ Dried Fruit and Toppings</p> <p>Cheesy Flatbread, Lettuce Salad with Tomatoes & Cucumbers, Cottage Cheese, Strawberries</p> <p>WG Trail Mix, 100% Juice</p>	<p>18 WG Frosted Mini Wheats, Apple Slices</p> <p>Burger with WG Bun, Cheese Slices, Diced Potatoes, Peaches</p> <p>WG Goldfish Crackers, Pretzels</p>	<p>19 Cheese Omelet, WG Toast</p> <p>Sweet & Sour Chicken, WG Brown Rice, Green Beans, Mandarin Oranges</p> <p>WG Graham Snacks</p>
<p>22 WG Life Cereal, Blueberries</p> <p>Scalloped Potatoes & Ham, WG Roll, Broccoli, Peaches</p> <p>Yogurt, Mixed Berries, WG Granola</p> <p>No preschool or 4K</p>	<p>23, WG Toast with Peanut Butter, Jelly, Strawberries</p> <p>WG Spaghetti with Meatballs & Sauce, Garlic Bread, Green Beans, Orange Wedges</p> <p>WG Sunchips, 100% Juice</p>	<p>24 Cheesy Hashbrown & Turkey Sausage Bake, Banana</p> <p>Cheeseburger Soup, WG Breadsticks, Roasted Cauliflower, Grapes</p> <p>WG Goldfish Crackers, String Cheese</p>	<p>25 WG Muffin, Baked Cinnamon Apples</p> <p>Bean & Cheese Burrito, Green Beans, WG Tortilla Chips, Salsa, Pineapple</p> <p>WG English Muffin with Cream Cheese, Raisins</p>	<p>26 WG Waffle Sticks, Tropical Fruit Salad</p> <p>Shredded Ranch Chicken, Cheese Slices, Hawaiian Roll, Cooked Peas, Pears</p> <p>WG Rice Cakes w/Peanut Butter</p>
<p>29 Kix Cereal, strawberries</p> <p>Lasagna Casserole, WG Roll, Red pepper Strips & Dip, Pineapple</p> <p>WG Animal Crackers</p> <p>No preschool or 4K</p>	<p>30, WG Pancakes, Blueberries</p> <p>Orange Chicken, WG Brown Rice, Egg or Spring Roll, Green Beans, Pears</p> <p>Cottage Cheese, Peaches</p>	<p>31 WG English Muffins, Strawberries</p> <p>Tomato Soup, HM Grilled Cheese WG Sandwich, Ham Slices, Cucumbers & Dip, Mandarin Oranges</p> <p>Yogurt, Blueberries, WG Granola</p>	<p>All-day session children receive breakfast, lunch and snack.</p> <p>Milk is served with meals and snacks, occasionally juice is served at snack time instead of milk, to 1-5 year olds. Unflavored whole milk is served to 1 year olds, unflavored 1% or skim milk is served to 2-5 year olds. Water is available throughout the day.</p> <p>WG = whole grain WGR = whole grain rich HM = homemade</p>	

* Infants and Toddlers (I/T) will be fed "on demand" according to their own feeding patterns and what is developmentally right for each child. Infants that are developmentally ready are provided with infant cereal by itself or w/fruit &/or vegetables as well as some of the menu items. Peanut Butter is NOT fed to infants under 1 year according to Wisconsin State Licensing.