

May 2023 Menu Marshfield Head Start Center

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 WG Special K Cereal, Mixed Fruit</p> <p>Cheese Ravioli, Meat Sauce, WG Breadstick, Broccoli, Grapes</p> <p>Yogurt, Peaches</p>	<p>2 WG Pancakes, Blueberries</p> <p>Burger on WG Bun, Orange Halves, Baked Beans</p> <p>WG Animal Crackers</p>	<p>3 Scrambled eggs, Apple Slices,</p> <p>Cheese Pizza on WG crust, Fresh Pear, Corn</p> <p>WG Peanut butter and jelly sandwich</p>	<p>4 WG Life cereal, Orange Halves</p> <p>Meatball Sliders on WG Bun, Cheese Slices, Tater Tots, Mandarin Oranges</p> <p>Pretzels, WG Goldfish Crackers</p>	<p>5 WG Oatmeal, Banana</p> <p>WG French Toast Sticks, Sausage Patty, Applesauce, Fresh Carrots</p> <p>WG Crackers, String Cheese</p>
<p>8 WG muffin, Strawberries</p> <p>HM Chicken Penne Pasta, WG breadstick, Cauliflower and Broccoli, Pineapple</p> <p>WG Cheerios, Seasonal Fruit</p> <p><i>Preschool in Session</i></p>	<p>9 WG Bagels, Jelly, Applesauce</p> <p>WG Chips and Taco meat, Pears, Lettuce, Tomato, Peas</p> <p>WG Sunchips</p>	<p>10 Hard Boiled Egg, Fruit Cup</p> <p>Meatloaf, WG Bread, Mashed Potatoes, Clementine</p> <p>WG Graham Crackers, Peanut Butter</p>	<p>11 WG Frosted Mini Wheats Cereal, Bananas</p> <p>Chicken Nuggets, WG Dinner roll, Kiwi, Fresh Broccoli</p> <p>Cheese Cubes, WG Goldfish Crackers</p>	<p>12 WG Waffle, Orange Halves</p> <p>Cheese Omelet, WG Bread, Carrots, Bananas</p> <p>WG Animal Crackers, apple slices</p>
<p>15 WG Kix cereal, Orange Halves</p> <p>Meatball Sliders on WG Bun, Cheese Slices, Fresh Broccoli and Carrots, Mandarin Oranges</p> <p>WG Goldfish Crackers, fruit juice</p>	<p>16 Cottage Cheese, Strawberries</p> <p>Lasagna Roll, WG Breadstick, Blueberries, Brussel Sprouts</p> <p>WG Tortilla Chips, Salsa & Cheese Sauce</p>	<p>17 Yogurt, Apple Slices</p> <p>Chicken Snack WG Wrap, Orange Halves, Lettuce, Tomato, Green Beans</p> <p>WG Waffle Sticks, Mixed Fruit Cup</p>	<p>18 WG Muffin, Blueberries</p> <p>Burger on WG Bun, Banana, Baked Beans</p> <p>Rice Cakes, Peaches</p>	<p>19 WG Pancakes, Bananas</p> <p>Flame Grilled Chicken, Brown Rice, Mandarin Oranges, Green Peas</p> <p>Yogurt, WG Granola</p>
<p>22 WG pancakes, Strawberries</p> <p>Beef Pot Roast, WG Dinner Roll, Roasted Potatoes and Carrots, Peaches</p> <p>Yogurt and Blueberries</p> <p><i>Preschool in Session</i></p>	<p>23 WG Muffin, Orange Wedges</p> <p>Soft Shell Beef Taco, Apple Slices, Lettuce, Tomato, fresh carrots</p> <p>WG Graham Crackers, Strawberries</p>	<p>24 Hard Boiled Egg, Fruit Cup</p> <p>WG Cheesy Breadstick, Marinara Sauce, Orange Halves, Corn</p> <p>WG Sun Chips</p>	<p>25 WG Oatmeal Cinnamon Breakfast Round, Banana</p> <p>Mini Sub Sandwich, Fresh Strawberries, Sugar Snap Peas</p> <p>WG Soft Pretzels, Cheese Sauce</p>	<p>26 Cocoa Munchees Cereal, Pineapple</p> <p>WG Chicken Tenders, French Fries, Broccoli, Cinnamon Applesauce</p> <p>Tortilla Chips, Salsa</p> <p style="text-align: center;">YMCA ONLY</p>
<p>29</p> <p style="text-align: center;">Center Closed-Memorial Day</p>	<p>30 Cottage Cheese, Fruit Cup</p> <p>Burger on WG Bun, Pears, Baked Beans</p> <p>WG Peanut Butter and Jelly Sandwich</p>	<p>31 WG Cinnamon Toast Cereal, Blueberries,</p> <p>Popcorn Chicken, WG Dinner Roll, Mixed Fruit, Broccoli</p> <p>Cheese and WG Crackers</p>		

All-day session children receive breakfast, lunch and snack.

Milk is served with meals and snacks and occasionally juice is served at snack time instead of milk, to 1-5 year olds. Unflavored whole milk is served to 1 year olds, unflavored 1% or skim milk is served to 2-5 year olds. Water is available throughout the day.

WG = whole grain HM = homemade

** Infants and Toddlers (I/T) will be fed "on demand" according to their own feeding patterns and what is developmentally right for each child. Infants that are developmentally ready are provided with infant cereal by itself or w/fruit &/or vegetables as well as some of the menu items. Peanut Butter is NOT fed to infants under 1 year according to Wisconsin State Licensing.