Wood County Head Start, Inc. Health Requirements

Wood County Head Start recognizes the importance of identifying and addressing health concerns early in a child's life. Our program goals are to assure that each child is in optimal health, that preventative health measures are taken, and that follow-up treatment and services are obtained for any health condition detected.

To Begin the Year – We Need the Following:

1. Current Physical Exam

All children must have a physical exam on file within 90 days of starting. Exams for children under 2 cannot be more than 6 months old prior to their first day in the program and exams for children 2 and older cannot be more than 1 year from the date the child starts. Note: A physical will not be considered complete without the appropriate lead and hemoglobin tests.

a. Lead Test and Results

For children enrolled in the Infant/Toddler program (less than 3 years old), two lead tests and results are required at 12 months and again at 24 months. Children in the Preschool (3-5 years old) program need to have one blood lead test done at or after 24 months of age.

b. Hemoglobin Test and Result

For children enrolled in both the Infant/Toddler and Preschool programs, one hemoglobin test and result is required at or after 12 months of age.

2. Dental Exam

For children enrolled in the Preschool program, a dental exam needs to be on file within 90 days of starting. Any dental follow-up treatment needs to be completed before the end of the school year. For children enrolled in the Home-Based and Infant/Toddler programs, oral exams are completed by the Physician at the well-child physical exams before the age of 3 years old. If a referral to the dentist is necessary, an exam by a dentist will need to be completed as soon as possible, if not by the end of the school year.

3. Immunization Record

An immunization record needs to be on file within 30 days of starting. If the immunizations are not up to date, the Compliance Data And Waivers section of the Day Care Immunization Record needs to be signed before the 30 days.

Yearly Requirements - Each Year your Child is Enrolled, you Must Provide:

- 1. Physical exam that is up to date according to the recommended schedule of well child exams;
- 2. An updated dental exam.

If you need assistance completing any of the health requirements, let your Family Service Worker know. These components are very important so our hope is not to overwhelm you but to help you achieve success with your child's health and well-being.